**Professional Tooth Whitening**

**Cosmetic tooth whitening**
Application or first use only in the dental clinic

<table>
<thead>
<tr>
<th>Method</th>
<th>Application time per session</th>
<th>Number of Applications</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>HOME WHITENING</strong></td>
<td>10% overnight, min. 4 hours; 16% overnight or daytime, min. 2 hours</td>
<td>5 – 12</td>
</tr>
</tbody>
</table>

*Cosmetic tooth whitening treatment to be used at home by the patient with laboratory custom-made trays.*

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<tr>
<th>Method</th>
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<th>Number of Applications</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>POWER WHITENING YF 6%</strong></td>
<td>3 - 4 x 15 - 20 min</td>
<td>1 - 2 sessions</td>
</tr>
</tbody>
</table>

*The fast method of cosmetic chairside tooth whitening in the dental clinic.*

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<tr>
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<tbody>
<tr>
<td><strong>LIGHT WHITENING AC 6%</strong></td>
<td>3 - 4 x 15 - 20 min</td>
<td>1 - 2 sessions</td>
</tr>
</tbody>
</table>

*The most effective and fastest method of cosmetic chairside tooth whitening.*

**Medical tooth whitening**
Application only with medical indication from dentist

<table>
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<tr>
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<th>Number of Applications</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>IN-OFFICE WHITENING</strong></td>
<td>30 - 60 minutes in the waiting room</td>
<td>5 – 12</td>
</tr>
</tbody>
</table>

*Cosmetic tooth whitening treatment to be used at home by the patient with laboratory custom-made trays or as internal „walking bleach technique“ for endodontically treated teeth.*

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<tbody>
<tr>
<td><strong>POWER WHITENING YF 40% (mixed 32%)</strong></td>
<td>3 x 15 min (max. 4 x 15 min)</td>
<td>1 session, in exceptional cases 2 sessions</td>
</tr>
</tbody>
</table>

*Medical tooth whitening chairside or for intracoronal whitening of endodontically treated teeth.*

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</tr>
</thead>
<tbody>
<tr>
<td><strong>LIGHT WHITENING</strong></td>
<td><strong>LW AC 22 % HP</strong></td>
<td>1 session, in exceptional cases 2 sessions</td>
</tr>
<tr>
<td></td>
<td>3 x 20 min (max. 4 x 20 min)</td>
<td></td>
</tr>
<tr>
<td></td>
<td><strong>LW AC 32 % HP</strong></td>
<td>1 session, in exceptional cases 2 sessions</td>
</tr>
<tr>
<td></td>
<td>3 x 15-20 min (max. 4 x 15 min)</td>
<td></td>
</tr>
</tbody>
</table>